

BPW Brampton's Club Focus newsletter



WINTER 2011



Heather Moogk
President
BPW Brampton

Newsletter Highlights

President's Message
Euchre & Golf
Donations
N/Speaker Interview
Membership
O/Speaker Interview
Resolutions
BPW International
65th Anniversary
Community Partners
2011-2012 Executive
Dates to Remember

President's Message

With special thanks for the efforts from our members, our year has had a fabulous start, and we already have lots to brag about.

Carrie Andrews, our Programs Chair and Angel Massey Singh, our Club Focus Editor both received their five year pins from BPW. Congratulations ladies! Our very own Dittie Voegele won the Zonta Club of Brampton/Caledon 2011 award for Community and Public service. Quite an achievement Dittie!

The euchre was a great success and proceeds were donated to the Ste. Louise Outreach Centre. In addition, the proceeds from the Charity golf and the June social were handed out at our November meeting. Please read more in Pat Dowling's article.

Carrie Andrews and her ad hoc committee have been working hard behind the scenes and coming up with great ideas to bring us a fabulous celebration for our 65th anniversary in March 2012.

We have already had three great speakers at our meetings Laura Williams, Williams HR Law, Antoinette Antoine, life after abuse and Claudia Scovie of Girls Inc. Be sure to read Claudia's and Antoinette's motivating stories from Sheila Walker's interviews with them.

I am looking forward to our Christmas Social. Based on the many requests from our members, your executive team has arranged a new venue for this fun and exciting event. Kimberley Supper has been busy making the arrangements for our evening. Please bring a donation for the Ste. Louise Outreach Centre.

We are always reminded of those less fortunate through our speakers and take action through our resolutions and through fund raising events. To continue this awareness, we are continuing to bring you information on our community partners through our Club Focus.

Enjoy this wonderful season with your families and loved ones. Have a Happy and Safe Holiday Season and Merry Christmas to all.

Kindest Regards,

Heather

Euchre & Golf Pat Dowling

We held our 9th Progressive Charity Euchre Event on Remembrance Day - Friday November 11, 2011. We had a new location - Brampton Irish Centre and it is a wonderful venue. We had 100 players and great fun was had by all. We raised \$2,100.00 for Ste. Louise Outreach Centre of Peel Food Bank. We want to thank all of our participants, donors and volunteers that helped make this event such a success!

We will be holding our 10th Progressive Charity Euchre Event on Friday March 2, 2012 at the Brampton Irish Centre once again.

Tickets will be on sale in January 2012 so mark your calendar for March 2, 2012!

We will be holding our 17th Annual Charity Golf Tournament on Thursday June 7, 2012 at the Caledon Country Club.

Registration will be available in February 2012 and we hope that you will join us once again!

Donations

November was a great meeting with lots of funds going towards worthy organizations!



Presented to: Claudia Scovie, Executive Director of Girls Inc., Angela Wong-Liao on behalf of Wellspring Chinguacousy, Marilyn Field, Director of the Salvation Army Honey Church Family Life Resource Centre



Presented to: Timea Nagy Founder and President of 'Walk With Me' – a Human Trafficking Survivors Program, Liz Watson from Canadian Women for Women Afghanistan, Catherine Rivera, Board President of Ste. Louis Outreach Centre of Peel.

Nov. Speaker Interview Sheila Walker

Name: **Claudia Scovie**

What she does: Girls Incorporated of Halton
"Inspiring all girls to be strong, smart, and bold."



Girls Inc Halton has been working with young girls in Halton since 1986. We provide research-based, age appropriate programs led by trained facilitators, to girls 5 to 18 years of age. The programs encourage girls to take risks, and master physical, intellectual and emotional challenges in a safe and supportive environment. At Girls Incorporated similarities and differences between girls are valued, respected, and celebrated.

We are a registered charity with a volunteer board of directors. All our programs are offered at no cost to families and guardians so we can reach children most in need.

At Girls Inc we are not here to "fix the girl" we feel all girls have the right to dream their biggest dreams, and have the support and encouragement needed to reach their full potential.

We ask all women to reach out and support the young women in their community by being proactive rather than reactive.

Membership Kimberley Supper



Five Year Pins presented to Carrie Andrews and Angel Massey-Singh.

Kimberley Supper, Membership and Young BPW; Carrie Andrews, Second Vice President and Programs Chair; Angel Massey-Singh, Club Focus Editor and Heather Moogk, President.

Oct. Speaker Interview Sheila Walker

Name: **Antoinette Antoine**
What she does: Part Owner and CEO
Elan Cachet Event Management Ltd.
Event Management Consultants

How she took the risk and handled the difficulties of choosing self employment:
I was tired of repetition and working in the corporate world. I knew I was born for something more. I became desperate to find my passion. I started off with volunteering for different events and decided to go back to school for Event and Meeting Management in George Brown. Once I completed my program, I was asked to manage an event for a friend of mine. From the very first event, I knew this is where I wanted to be. I knew I found my passion.

While pursuing my passion, I continued working in the financial industry. I stayed in the financial industry for ten years. I was unhappy and desperate to find a way out. I tried to apply for event management jobs for other companies, but because I was just starting out they said I didn't have enough experience. So I got fed up and decided to create my own experiences. I decided to start Elan Cachet. I started with volunteering my services and getting the company name out there. Soon I was being hired to manage all types of events. It was extremely difficult to get this point but the pain was worth it because I created my own destiny. Now I have an amazing business partner and my firm has grown from a one woman show to 14 amazing event managers.

Her main message to women:

If you have a passion for something, pursue it. Never give up and keep pushing. Learn all that you can about your passion, network with different organizations and no matter how rough it may seem, keep going. Look at your end result; look at where you want to be and not where you are now. Write down every dream and goal and never doubt yourself ever. Don't worry about how long it will take, just do it and before you know it you've reached your goal.

Do all these things and I promise you, one day, you will get there!

Resolutions Olga Gil

Your Resolutions Committee has been busy!

It's the end of the year: with a Merry Christmas and a Happy New Year. And for BPW advocacy time—that is, Resolution Time.

Heather is completing a commendation for Sally Armstrong. She is also investigating whether there is something we can do to help eliminate female genital mutilation. And Heather, Paddy and I are working on resolutions to ease senior poverty by increasing both the federal and provincial Guaranteed Income Supplements.

We'll be bringing for a vote by you at the January meeting. Then it's on to Provincial Conference and National Convention.



BPW International Snigdha Malik



This is an exciting time to begin the new 2011-2014 triennium with a renewed focus on women in the economy and women in leadership, power and decision making roles.

BPW International was founded on the vision of achieving workplace equality, right to vote and equal pay. Eighty years on and the issues are still the same but the armory is different. Today, we are equipped with the vital piece that has been missing for decades – the business case.

I am delighted to lead this vibrant community of strong business and professional leaders. Since the launch of our triennium theme - Empowered Women Leading Business - BPW women are inspiring businesses, empowering communities and creating opportunities around the world. We will bring you regular insights into what and how our members are creating lasting change by leading the BPW International initiatives that are firmly in place.

There is no better time to join BPW International and bring the voice of women to business. BPW women are courageous women. Bold Women. We are Empowered Women Leading Business...in the community, at all levels and from the top. Join us now!

Get connected to BPW Sisters internationally, visit the website to see the great work in progress for women's advocacy issues worldwide.

Message from Freda Miriklis
International President 2011-2014
Website: <http://www.bpw-international.org>

BPW Brampton Celebrates 65 years! Carrie Andrews



BPW Brampton is celebrating its 65th anniversary next year. We're planning a special event on Sunday, March 25th, 2012. Please mark your calendar to join us for our Sapphire Anniversary Celebration!
Details to be announced soon.

Community Partner Big Brothers Big Sisters of Peel



Big Brothers Big Sisters
of Peel



Big Brothers Big Sisters of Peel has been making a positive difference in the lives of the children and youth in our community since 1967. Our mentoring programs include One-to-One Friendship, Group Mentoring, In-School Mentoring, Teen Mentoring, Go Girls! *Healthy Bodies, Healthy Minds, Game On* and Big Bunch. We believe that every child should have the opportunity to reach his or her full potential, both as individuals and citizens. By spending time together and sharing in fun activities our mentors teach by example the importance of giving and giving back, of staying in school, and of having respect for family, peers and community. Each time a child is paired with a mentor or students are introduced to an in-school program, we **start something** incredible – a life-changing relationship built on friendship, trust and empowerment. Witnessing the transformation of a child into a confident, concerned and motivated young person is a remarkable thing.

Big Brothers Big Sisters of Peel is very proud to be the third largest BBBS agency in Canada providing mentors to 1,390 children. There are, however, over 300 children who are waiting for a mentor in Peel Region. For more information contact us at 905-457-7288 or visit www.bbbspeel.com.

Community Partner The Salvation Army – Honeychurch FLRC

The Family Life Resource Centre (FLRC) is an emergency shelter for women and children fleeing family violence. FLRC is operated on the basis that all persons seeking assistance have hidden potential which must be assisted to be cultivated. Each person comes to the Centre with different life experiences and must be given opportunity to begin to face these experiences and commence the 'healing' process.

The Family Life Resource Centre is more than a 'shelter'. There are groups which take place to assist the clients with their life skills as well as daily living skills. There are also groups to assist them to acquire positive parenting skills and develop their self esteem. Each woman is assigned to an individual Counsellor who will work with her for the 6 to 8 weeks the family will stay here. The children are also assisted by the two Children's Counsellor's on site. It is also a place where we will assist the clients with housing, immigration and legal issues.

This shelter is unique in that we offer individual apartment living for the families where they can begin to re-build their lives once again. We work hard to give the families the best start possible and offer many events and activities, day camp, summer camp and outings that help with the healing and create good memories for these families. It has been our dream to have a multipurpose room where we can provide sports events, family movie nights, computer skills training, training and education opportunities and special events such as our Children's Christmas party and Mom's Christmas Luncheon.

Our dream has come true! We officially opened the new multipurpose room on September 15, 2011. This wonderful building is a result of the support we received from our funders, service clubs, community businesses and private donors. BPW is very supportive and we have listed you on our donation tree of honour. You are a part of this new reality, one that will enhance the potential to expand our programs to meet the needs of these women and children in crisis. The additional services we will now be able to provide will give these women and children the tools they need to better equip them to move on with their lives.



Community Partner United Way of Peel

At United Way of Peel Region, we measure our success not by the number of programs we fund or the number of social service collaborations we are involved in. We measure our success by the number of lives we change.

Donna* is one of those lives.

When she was eight months pregnant, Donna was beaten, stabbed and strangled unconscious by her boyfriend. She lay on the floor clinically dead, without oxygen for more than four minutes.

Miraculously the kicks of her unborn son revived her as paramedics arrived on the scene.

Donna was referred to a United Way-funded agency that supports abused women and their children. Her abuser was sent to jail for attempted murder.

Domestic abuse is on the rise in Peel Region, with cases increasing by 40 per cent in recent years. This is a major concern because violence within an intimate relationship puts a woman at grave risk. Domestic violence hurts children too. Witnessing family violence tends to result in children experiencing higher rates of depression, aggression, delinquency and other emotional problems.

United Way cares deeply about this issue. We invest in the frontlines of combating family violence. Last year, United Way-funded agencies – such as Family Education Centre, Interim Place and Victim Services of Peel – provided shelter, counselling and support to more than 17,000 women and children in our community. United Way continues to be a key stakeholder in 12 collaboratives whose mandates include advocating for systemic policy changes.

United Way is the largest funder of social services after Government. For every dollar donated, 84 cents is wisely and strategically invested in social service programs and initiatives. We use the most current research in our decision-making to ensure United Way dollars – your dollars – are used to tackle immediate needs as well as underlying causes of our community's most challenging social issues.

"I give thanks every day that support was there for me when I needed it," Donna says. "[My abuser] totally ruined my life. [The shelter] gave me a safe place to stay. They gave me the strength to move on and get myself together."

Today, Donna is a single mom, homeowner, author and successful business owner. She is also a community volunteer who advocates for people in need, and is writing a book to help other abused women.

United, we can continue to help women like Donna escape abuse and start building a better life for themselves and their children. United, we can make change happen.

*Name changed to protect the individual.

Contact:
Doris Mohrhardt
Vice President,
Communications &
Marketing
United Way of Peel Region
416-420-9975 (mobile)
905-602-3624 (office)
dmohrhardt@unitedwaypeel.org

For information on how to
Give. Volunteer. Act.
through United Way of Peel
Region visit
www.unitedwaypeel.org.

BPW Brampton
10 George Street North
Suite 154
Brampton, ON
L6X 1R2

Phone
905.450.0070

Email
bpw_brampton@hotmail.com

Website
www.bpw-brampton.com

Women Working for Women.



Winter must be cold for those with no warm memories.
~From the movie An Affair to Remember

Your 2011-2012 Executive

President	Heather Moogk
Past President	Barb Hore
First Vice President	Pat Dowling
Second Vice President	Carrie Andrews
Recording Secretary	Linda Barker
Corresponding Secretary	Virginia Tamblyn
Treasurer	Wendy Humphreys
Young BPW	Kimberley Supper
Membership	Kimberley Supper
Programs	Carrie Andrews
Publicity and PR	Linda Barker
Events Chair	Pat Dowling
Club Focus Editor	Angel Massey-Singh

Dates to Remember

- JANUARY 17th**
Women in Politics, Mayor Susan Fennell, City of Brampton
- FEBRUARY 21st**
International Night, Courtney Mooney
- MARCH 2nd**
10th Progressive Charity Euchre Event, Brampton Irish Centre
- MARCH 20th**
Women in Non-Traditional Roles, Jodi Hough-Swanzey, Firefighter
- MARCH 25TH**
BPW Brampton 65th Anniversary Celebration
- APRIL 17th**
Resolutions Meeting
- MAY 15th**
AGM & Elections
- JUNE 7th**
17th Annual Charity Golf Tournament, Caledon Country Club
- JUNE**
Social – details to be determined



Pat Dowling AMP
Agent #M08003138
Mortgage Planner

45 Bramalea Rd., Ste. 201
Brampton, ON L6T 2W4

T 905.789.8198 x 203

C 416.854.8863

F 905.451.0954

pat.dowling@mtgarc.ca

www.pdowling.com

Brokerage #10287

Corp. Office: 6505A Mississauga Rd., Mississauga, ON L5N 1A6

Designing a mortgage that's right for you.™