



The Business and Professional
Women's Club of Brampton

Club Focus



WINTER 2016



Janet Brousseau
President
BPW Brampton

President's Message Janet Brousseau



I wish you and yours all the very best for a happy, healthy and prosperous 2016.

We had our annual Christmas Social on December 8, 2015 with an attendance of 30 ladies participating in a fun-filled evening. Ste. Louise Food Bank received tremendous support from our donations once again and Honey Church received blankets donated by our members. Our 'Gift Stealing' event was a roaring success! Thank you Heidi Bryans for being our 'Elf' once again – great job!

We had another successful Euchre event on Friday, November 13, 2015 and with the support of Scotiabank's 'Bright Future Program', we raised \$4,000.00 for Ste. Louise Outreach Centre of Peel & Food Bank. Pat Dowling and her Committee did an amazing job and everyone who attended had a great time.

Please join us for our next social event - the 18th Progressive Charity Euchre Night on Friday, March 4, 2016 – Glasgow Rangers Supporters Club Bramalea at 185 Advance Blvd. Unit 2 – Brampton. Open to guys and gals, there is no doubt in my mind that it will be another amazing event.

Our amazing Programs schedule continues in January with our very own Dr. Oksana Sawiak speaking about how Dentistry affects your health. In February, we have our International Night with the Candle Lighting Ceremony celebrated by all BPW Clubs around the world. We will have Canadian Women for Women Afghanistan selling their wares to support Afghan women in business. Also, we have Melissa Ronald as our guest speaker. For our March meeting, we have another one of our members Linda Ford sharing her secrets to success in Breaking Barriers. In April, we have Camilla Bignell presenting Resolutions – the backbone of BPW for our membership to vote on for the upcoming Provincial Conference which BPW Brampton will be hosting in May. Our Annual General Meeting and Elections will be held at our May Meeting, the topic for the evening Help Keep our Organization Strong. June brings us to our June Social which we are holding at the Terra Cotta Inn again this year – a wonderful night to round off our year before summer is once again here!

Thank you to all of our members for making our Brampton Club such a vibrant organization. We have 45 members to date and we are still growing. Thank you for spreading the word of BPW Brampton – for bringing your friends to meetings and for increasing our presence in the community. To an outstanding group of ladies – you are the best!



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Special Events Pat Dowling

EUCHRE

All we just held our 17th Charity progressive Euchre event on Friday November 13, 2015. It was held at the Glasgow Rangers



Supporters Club Bramalea and it was a huge success. We had 84 players, Joker Poker, raffle prizes, good food and lots of fun. We are very pleased to announce that we raised \$2,000.00 plus a donation from Scotiabank's 'Bright Future Program' of \$2,000.00 for a total of \$4,000.00 that evening.

The recipient of this event was the Ste. Louise Outreach Centre of Peel and Food Bank. Thank you to all of our members that donated food, gifts and their time to help with this event.

Our next Progressive Euchre night is Friday March 4, 2016 once again at our new location Glasgow Rangers Supporters Club Bramalea – 185 Advance Blvd, Unit 2 – Brampton. Ticket sales will begin in January. We need prizes so please bring your re-gifts and donations to our next meeting.

**Purchase tickets from Linda Barker at:
lbarker@talentcor.com**

Tickets are \$20.00 each (with no refunds available).

Doors open at 6:30 pm

We start to play promptly at 7:30 pm

GOLF



All we have booked our 21th Annual Charity Golf tournament for WEDNESDAY June 15, 2016 (please note the day as we have changed it from our usual second Thursday of June). It will be held once again at the Caledon Golf Club and registrations forms will be

available in the Spring. We have room for 144 lady golfers – spread the word and help us have a sold out fun filled day! We are also looking for hole sponsors for our event – at a cost of \$100.00 – it is great way to advertise your company and to support our community partners. Mark your calendars and see you on the greens!

Provincial Report Barb Hore

*A*s the year draws to a close, Club activities with the exception of December Socials also slow up.



Something that we should keep in mind is the 70th Anniversary of the Barrie Club in June 2016. They are planning a special event to celebrate, details of which will be released in the New Year.

Resolutions are due to Maide Yazur, our First Vice President and Provincial Resolutions Chair by January 31, 2016. If there are any questions or concerns related to resolutions, she is more than ready to assist.

Just a reminder that BPW Brampton remains the largest Ontario Club and we do have good reason to be proud. We have enjoyed visits from members of other Clubs who come to see how we conduct our meetings. As the expression says, "imitation is the finest form of flattery", and we really do have much to be proud of.



*I wish everyone a very
Happy Holiday Season!*

Membership Corner Linda Barker

*O*ur membership is currently at 45 and we will be adding to that soon.



I am always amazed at the talented women we have in our organization and definitely they are from all walks of life. We have The Peel Region Chief of Police and Brampton Mayor as honorary members, and look at the experience our Life Members bring to our club, they have done so much in the growth of BPW Brampton. It is amazing to have members with 30 – 35 years of service with BPW and still actively volunteering at all our events. This makes me very proud to be part of such an amazing club.

If you have colleagues and friends interested in learning more about BPW Brampton, please invite them to a meeting as a guest so they can better understand BPW and meet our wonderful group of ladies.



BPW International

Snigdha Malik

Please visit the new BPW International Website www.bpw-international.org for news and updated information on BPW International, our sisters that are making a difference in this world and be inspired.



What's new – what's different? At a glance, you will notice that the new website looks completely different:

The new features provide easier navigation, fewer menus, more photos, a direct overview of content, "Find out more..." and more.

Due to the fact that more and more people use mobile devices for internet surfing, the complete visual appearance had to be changed and adapted. Therefore, we have created a "responsive design", i.e. you can also use your mobile phone or tablet to view and navigate on the BPW International website, regardless which Smartphone or Tablet you're using. The website adjusts automatically to your individual device. Just try it out.

This is a reminder that we are all connected and women have the strength and the power to bring change in this world.

Let us know of your thoughts, give us your feedback as you get connected to women across the world.

Programs Linda Barker

Please review the Dates to Remember list of details on Page 6 of the Club Focus to mark your calendars for upcoming events and meetings.



Women's Journey to Equality in Canada

Linda Davis

Today I would like to focus on the undaunted human spirit and women's journey to equality in Canada. My hope is to inspire some of you to action. I was fortunate to discover the Business and Professional Women's organization about 20 years ago and this has been my vehicle for activism and awareness.

The road to equality has been long and difficult. Women fought for the right to vote and in 1884 women in Ontario were granted that right. It took until 1919 before women could vote federally and it was 1960 before Canada's indigenous people were granted that right.

Then when women's rights to hold elected office were challenged women fought again and in 1929, led by the famous 5, women in Canada were declared "Persons" under the law. Women continue that journey today to share all roles equally in Canadian society with men.

In spite of the great efforts of many, including men, to bring equality to the sexes, we are still a society where women are treated differently than men, especially in the workplace. Women have long been uplifting and supporting others. This care was unpaid, and often unnoticed or unappreciated. As women moved from the realms of home to work our society continued this underappreciation which has resulted in lower pay for women. Today in the workforce women can expect to earn 31.5 % less than men, on average. This is known as the Gender Wage Gap.

I didn't initially see the economic argument as the underlying problem that creates the inequities in our society but after hearing BPW International President, Freda Miriklis, speak about this economic aspect, I began to understand the real issue. In a very succinct argument, money is power. If you balance the money, the incomes, you balance the power.

We know that abuse is really about power. When there is an imbalance of power there is more risk of abuse. Therefore we must balance this power and starting with gender wage parity is the primary way to obtain a balance in our society.

Despite the Pay Equity Law enacted in 1986, wages remain one of several ways men and women are treated differently in the workplace. In the last 10 years there has been a great deal of attention to this gap and many countries are now putting measures in place to require employers to analyse their wage gap, and work to close the gap. Encouraging men to share in family caregiver roles, therefore reducing the number of hours women spend out of the workforce on these duties, establishing universal day care as a way to support our working families and providing flexible work schedules to support parents to sustain a work life balance. These strategies send a clear message that we value families as well as both parents contributing to the economy through employment.

The He for She Campaign is another way communities can work for equality in society. Waterloo University has signed on along with many other Universities and employers. The Ontario Securities Commission now requires Boards of publicly traded companies to consist of 30% women and if they cannot reach that target they must explain why.

The Premier of Ontario has mandated the Minister of Labour to close the gender wage gap in the context of the 21st century workplace. I have been appointed as an external advisor to this steering committee and together we are looking for solutions to close the gap. I feel very fortunate to be a woman, to live in Canada and be part of a society where individuals can change the world.

To quote Margaret Mead, never doubt that a small group of thoughtful, committed citizens can change the world, indeed, it's the only thing that ever has. Please think about the many ways you can impact our society and get involved, be bold, don't run from the problems of our society, change them.

Season's Greetings from Paddy Silverthorne

Karen Armstrong

Dear Friends, I thought you might like to know what I've been up to in 2015.



In September I celebrated my 95th birthday. First of all, we had a family dinner in Vancouver, my little great grandchildren helped rip the presents apart and blow out the candles. On my actual birthday, we had an open house at my condo with family and friends. If I never get another, that one was the tops.



My life has been, and still is a very good one with many blessings. I have made some lovely new friends in Sechelt. With four of my neighbours, we get together frequently for pot luck dinners that usually have a theme. Downtown Abbey was a big one. I enjoy walking along the Sechelt waterfront in good weather and we have certainly enjoyed a year of good weather here. I go by bus with friends to the symphony in Vancouver once a month - Tea and Trumpets. Our local cinema periodically puts on live shows direct from London, England. Night at the Proms was fabulous. There always seems to be lots to do.

I am still able to drive in this small seaside village and with Deirdre and Martin's help, I seem to be doing quite well living independently. My short term memory is definitely getting shorter but then whose isn't? Mobility is an issue but I do try to be very careful and when out for walks, I do use my cane.

Being a great grandmother has been such a joy for me. Thomson Lily, now three, is a power to be reckoned with but I do enjoy her and her antics. Jones Wilder, now one and a bit, is a real boy and so much fun to be with. He understands everything we say but so far we are having trouble with his babble. I am very lucky to have them in my life.

To my BPW friends, it delights me to see the progress the BPW Brampton Club has made. Thanks to Pat Dowling for keeping me up to date and forwarding the Club Focus. I do look forward to hearing the news.

I send my warmest regards and very best wishes for Good Health and Happiness. Christmas Greetings to all.



Jones 1 ½

Thomas's Tea Party 3

Focus on a Member:

Lucy Oliveira

Sheila Walker

Lucy Oliveira has been a hairstylist for 32 years. Lucy has run her own salon for 24 years namely Lucy's Hair Loft right here in Brampton. Education has fuelled her passion of hair colour and hair cutting. She attends hair shows and courses a few times each year where schedule permits; some events locally and some in the United States.



The Arts are very important to Lucy attending Art Galleries and Museums in Toronto. Also, Lucy enjoys the Theatre.

Lucy has lived in Brampton for 37 years. Happily married to Joe for 32 years. They have three grown children: Andrew the eldest son married in 2015. Son Eric is getting married in 2016. Their daughter, Melinda has just moved into her own apartment and works full time at her Dad's business, TCC Office Supplies & Business Interiors.

LUCY'S Hair Loft

Lucy Oliveira
Stylist

9 Carnforth Drive
Brampton, ON L6Z 1T7

905-840-9760

lucy@lucyshairloft.com

Humane Society

The Human Society is always in need of old towels, bed sheets, blankets, etc. used for the comfort of cats and dogs in their care. Please drop off donations of these items to the following Brampton location:

475 Chrysler Drive, Brampton, ON L6S 6G3
(Williams Pkwy East & Chrysler Drive)
(905) 458-5800



BPW Christmas Social Photo Gallery



BPW Brampton Club Focus

BPW Brampton
 10 George Street North
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 Pat Dowling
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Email
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 Website Manager **Donna Sauve**



The Business and
 Professional Women's Club
 of Brampton is an equality-
 seeking group toward the
 improvement of
 economic, employment
 and social conditions
 affecting women.

Making a Difference!
 A Club for
 All Working Women.

2016 Dates to Remember

JANUARY 19, 2016

Speaker: Dr. Oksana Sawiak
Topic: Is your mouth trying to tell you something? How Dentistry affects your health.
 • Wellspring Care Dare Campaign Onsite

FEBRUARY 16

Speaker: Melissa Ronald
Topic: "Fernweh" - Melissa shares her travelling and volunteerism while abroad.
 • Celebrating BPW International Night & Candle Lighting Ceremony.
 • Canadian Women for Women Afghanistan and handmade items available for purchase.
 • Happy Valentine's Day!

MARCH 4

18th Progressive Charity Euchre Event,
 The Scottish Centre (AKA Glasgow Rangers
 Supporters Club Bramalea), 185 Advance Blvd.,
 Unit 2, Brampton L6T 4H9 905.458.7718

MARCH 15

Speaker: Linda Ford
Topic: Breaking barriers, Linda shares her secrets to success.

APRIL 19

Speaker: Camilla Bignell
Topic: Help shape issues relevant to women in society. Resolutions with Camilla and her Team.

MAY 17

Topic: Help keep our organization strong.
 Annual General Meeting & Elections.

MAY 27-29

Provincial Conference
 BPW Brampton Hosting
 Holiday Inn Toronto Airport East

JUNE 15

21st Annual Charity Golf Tournament
 Caledon Golf Club

JUNE 21

BPW Brampton Social
 Terra Cotta Inn

JULY 12

2016-2017 Programs Meeting

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HAVE BEEN DOING OVER THE PAST 5-10 YEARS.
STARTING TODAY...MAKE A CHANGE**

THINK OF WHERE YOU WANT TO BE IN THE NEXT 10

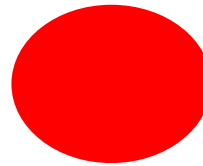
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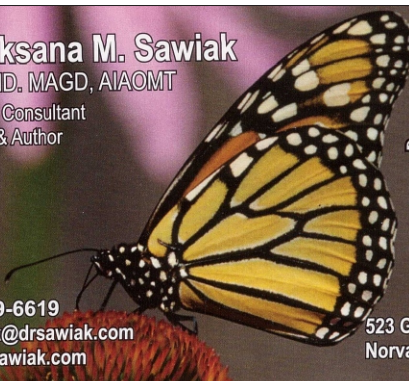


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