



# Club Focus

SPRING 2015



**Pat Dowling**  
President  
BPW Brampton

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## President's Message Pat Dowling

*It is hard to believe that another BPW year has almost come and gone. I am truly proud of our Club and the accomplishments that we have once again made. We have an astonishing 50 members and we are the largest Club in Ontario! Way to go ladies!*

Our February meeting was our BPW International Candle Lighting Ceremony where we honoured all our BPW sisters around the world. Our very own Karen Clouter sang a song she wrote 'Proud to be a Woman' which was quite moving. In addition, we had Canadian Women for Women Afghanistan receive our International donation in the amount of \$1,200.00. This was in support of 'The Lantern Fund' which will pay for the salaries of three teachers.

We had our 16<sup>th</sup> Progressive Charity Euchre Night on March 6, 2015. BPW Brampton along with Scotiabank 'Bright Futures Program' will be pleased to present \$4,000.00 from the proceeds of that evening to Laura Zilney of 24/7 Hope (formerly the Sexual Assault/Rape Crisis Centre of Peel) at our April meeting.

In March, we celebrated BPW Brampton's 68<sup>th</sup> Anniversary. From 1947, we read a report from President Margaret Van Alstyne on a visit to Oakville to hear fellow BPW Britain member Nancy Anderson speak. An interesting look into the history of that time and the war. We were honoured to meet the recipient of *The Paddy Silverthorne Business & Professional Women's Bursary Award* – Danielle Cletus from Sheridan College.

For our April meeting, Camilla Bignell will be presenting all upcoming Resolutions to be debated and voted on by our membership. This will allow our delegates to vote on them at the upcoming Provincial Conference in order to help us make changes for women on all levels of Government: Municipal, Provincial, National and International. Thank you to Camilla for stepping in to run the Resolutions meeting.

In May, we have our Annual General Meeting and your new Executive will be voted in. Please consider letting your name stand for a position on the Executive. It is a great way to have input and to take a more active role in your Club.

This year, our June Social will be held at the Terra Cotta Inn. It will be a fun-filled evening enjoying a lovely venue hopefully outdoors for part of the night.

We will be having our yearly Programs Meeting on Tuesday, July 14th at my home. It is a pot luck dinner at 6 pm and our meeting begins at 7 pm. Please bring your ideas and contacts to this meeting so that we can have another year of exciting and informative speakers. If you are unable to attend the meeting, please send me your ideas by email and they will be presented at the meeting.

***This is my last President's Message and I cannot believe that three and half years have gone by so quickly. It has been an amazing journey for me and I thank each and every member especially my executive for making my role as President so enjoyable. Thank you to all of our members for making our Brampton Club such a vibrant organization. Thank you for spreading the word of BPW Brampton – for bringing your friends to meetings and for increasing our presence in the community. To an outstanding group of ladies – you truly are the best!***



### Special Events Pat Dowling

#### EUCHRE



We just held our 16<sup>th</sup> Charity Progressive Euchre event on



Friday, March 06, 2015. It was held at our new location - the Glasgow Rangers Supporters Club Bramalea and it was another successful evening. We had 84 players, Joker Poker, raffle prizes, good food and lots of fun. We are very pleased to announce that we raised \$2,000.00 plus a donation from Scotiabank's 'Bright Future Program' of \$2,000.00 for a total of \$4,000.00 that evening.

The recipient of this event is 24/7 Hope (formerly the Sexual Assault/Rape Crisis Centre of Peel). Thank you to all of our members that donated food, gifts and their time to help with this event. Our next Progressive Euchre night is Friday October 23, 2015 once again at the Glasgow Rangers Club. Ticket sales will begin in September. We always need prizes so please bring your re-gifts and donations to our upcoming meetings.

#### GOLF



Our next event on our calendar is our 20<sup>th</sup> Annual Charity Golf tournament on Thursday June 11, 2015. It will be held at the Caledon Golf Club and registration forms are now available. We have room for 144 lady golfers with room left for your foursomes; spread the word and help us have a sold-out, fun-filled day!



Cost for members who register before May 1st is \$120.00; after \$125.00. Cost for guests who register before May 1st is \$125.00; after is \$135.00. The event includes 9 holes of golf women only, box lunch and dinner. A Raffle and Live Auction will be held following dinner.

Your donations of raffle prizes and live auction items are much appreciated. Please call Barb Hore who is available to pick up your donations. We are also looking for hole sponsors for our event at a cost of \$100.00 each. It is great way to advertise your company and to support our community partners. Volunteers are welcome for the day of the tournament. Please contact Pat Dowling or Barb Hore.

This year's recipients are: Salvation Army-Honey Church (Women's Shelter); 'Walk with Me' – A Human Trafficking Survivors Program; Wellspring Chinguacousy Cancer Support Centre and Victim Services of Peel. Mark your calendars and see you on the greens!

### Provincial Report Barb Hore



The Provincial Board and the 2015 Conference Committee are hard at work preparing for our annual Provincial Conference which is being held at the beautiful Nottawasaga Inn in Alliston, Ontario from May 22 to 24.

We can look forward to a beautiful venue, great food, workshops, resolutions, guest speakers and a banquet on the Saturday night. Cost of the entire event is \$275.00 plus an optional dinner FRIDAY night for \$40.00. Hotel rooms are available at \$130.00. Registration is being accepted until May 1st.

There are no elections scheduled for this year at Board level.

As I visit other clubs in the Province, it is rewarding to see the progress that some of our smaller clubs are making in their membership drives. The Bowmanville Club, for example, has doubled its membership this year. Niagara Falls is adding new members, as is the Kitchener-Waterloo Club.

BPW Ontario strives to assist all of our clubs both to retain members and also to increase their membership. We do have in place a fund to assist clubs who do not have large bank accounts to host events that will raise the BPW profile in their respective communities.

I am looking forward to seeing a big representation from our Brampton Club at Conference. We are the largest Club in Ontario.



### Membership Corner Karen Armstrong



Happy Spring BPW Ladies! With our 2014-2015 Season coming to a close, it is time to think about membership renewals and making your friends and colleagues aware of BPW Brampton! Now is a great time to bring out a guest to meet our members and see what our club is all about.

With our June social right around the corner, perhaps you know someone that might enjoy an evening out?

Special shout out to our members who have brought guests out to our meetings over the season as quite a few have decided to join after meeting our chapter. Our membership is at 50 members including two new members. Welcome to Khatidja Dandach and Grettel Comas! We look forward to inducting you into our chapter. Please take a moment to introduce yourself to these two lovely ladies.

As a gentle reminder, if you haven't completed your renewal yet, please do so at your earliest convenience so your vote will count at our May AGM.



### Member's Moments to Share

Pat Dowling

**Linda Ford:** Linda has been nominated and has accepted the position of President Elect for the Human Resources Professional Association of Peel (HRPAP).

Linda has been a member of the association for over 20 years and looks forward to taking on a leadership role which will cover the next six years as she transitions through the President Elect, President and Past President tenures.

**Karen Armstrong:** I have adopted two lovely fur baby kittens... Stella and Buddy! They are almost 6 months old and I now have to kitten proof my home ... just when I thought the terrible twos were over!

**Indira Persaud:** CHFI.98.1 Trip Getaway - Mexico After my Dad's death in November 2014, it left me emotionally exhausted and spiritually drained. My eldest sister (Rose) who was my Dad's primary caregiver did an outstanding job taking care him. My Dad's funeral was exceptional and large due to his work in the community and being the founding director at a local Hindu Temple he started over 20 years ago.

My sister Rose who never won anything in her life threw her name in for Trip Getaway with CHFI 98.1 with Erin and Mike. My sister recently became wheelchair dependent and never travelled outside North America. I was her companion to Puerto Vallarta, Mexico in January 2015. To make our trip more amazing, my sister in New Orleans (Dani) surprised both us in Mexico. It was a trip of a lifetime for Rose for her to experience vacationing at a 5 star resort. I watched my sister enjoy the beauty of this experience and took endless photos for her to remember her first vacation.

Still experiencing raw emotions from our Father's passing, this vacation was priceless for three sisters. We enjoyed travelling and seeing different parts of PV and not to mention our favourite the Tequilla tours with our handsome tour guide namely Archie.

The staff at CHFI 98.1 greeted everyone with open arms and everyone became family for the week. I did manage to do one live radio show at 4 am in my pajamas. I did win some points and now I am trying to win the Trip Getaway for Jamaica in May 2015. If anyone hears my name at 7:30 am until April 30<sup>th</sup>, call me at 416 704 4680 and let me know as I have 10 minutes to call the radio station. My suitcase is ready and if I do win, I will bring a girlfriend!

It was an amazing trip and it was very much needed as we spent time together as sisters. Everyone on the trip was terrific and the staff at CHFI welcomed everyone.

### Focus on a Member:

Linda Barker Sheila Walker

Linda has made her home in Mississauga for over 40 years and enjoys working with the community in a variety of ways. She has spent over 15 years in the staffing industry matching candidates with suitable jobs with a focus on building long term relationships with clients and candidates. This type of employment coupled with BPW activities gives Linda the satisfaction of giving back to the community.

Linda has been a member of BPW Brampton for 10 years and has been involved in various roles on the Executive including Membership, Recording Secretary, Programs, Publicity and Public Relations. Linda also participates in most of BPW Brampton's fundraising projects. Linda recently volunteered for BPW's 2016 Conference Committee.

Linda spends personal time with family and friends. She enjoys many walks with Charlie her small but mighty dog. Linda takes much pleasure to be part of BPW Brampton having the opportunity to meet and work with such a wonderful group of ladies at BPW Brampton and the other Clubs in Ontario. Linda values the friendships that have come from being part of this group and look forward to many more years with BPW.



### Focus on a Member:

Wendy Humphreys Sheila Walker

Wendy joined BPW Brampton in 2010 and for the past three years has been the club treasurer. Wendy has enjoyed her years with BPW Brampton with the opportunity to make new friends, meet members as they arrive at the monthly meetings and being treasurer.

Wendy has been a Brampton resident for over 30 years. She has two adult children Greg and Christine, both born at Peel Memorial Hospital.

Wendy enjoys travelling, especially to Europe or a warm weather destination. There is a whole world to see and she likes to go someplace different on each vacation.

Wendy is employed as an insurance broker. Wendy has worked for major insurance companies and independent insurance brokerages. She is currently working at National Brokers Insurance Services in Vaughan, a brokerage owned by women. In her current role as team leader for personal insurance, Wendy understands that price is important when purchasing insurance products, but also understands that having the right coverage to protect your property is just as important, if not more so.





## BPW Resolutions Camilla Bignell

Camilla will be filling in for Olga Gil at our April meeting to present this year's Resolutions & Commendations. Over the years she has learned that each and every person can and does make a difference in our world, in one way or another.

You get to have your say in what matters most to you, your loved ones and women around the world and this is how it all starts. Our members get to vote on what is or isn't important to them. It involves things like:

- Women's Empowerment
- Equal Pay
- Childcare
- Health
- Human Trafficking
- Climate Change
- Women in Politics

Your voice and vote does matter on April 21st at our next dinner meeting and it gives direction to our delegates for representing your point of view in May, at our Provincial Conference. This then gets presented to various levels of government and can become law. In the past, it has affected things like CPP and Abuse as a part of the topics listed above. Please make the commitment to yourself, your family and females around the world by showing up and casting your vote. Camilla looks forward to representing Olga and seeing you on April 21st!

## 68th Anniversary of BPW Brampton Pat Dowling



We are very proud of how strong in membership our Club is but we also want to make sure that we recognize how many years our Club has been chartered.

In March, our Club celebrated its 68th anniversary. We reflect on the years and our long term members as a tribute to our Club and all of our accomplishments that BPW Brampton has achieved.



## The Paddy Silverthorne Business & Professional Women's Bursary Award

Janet Brousseau

The recipient of the Paddy Silverthorne Bursary Award is

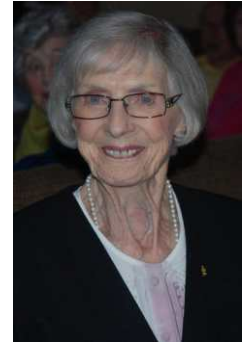
Danielle Cletus, currently studying Athletic Therapy at Sheridan College, Brampton Davis Campus, in her 3rd year.

Danielle is 23 years old from Port of Spain, Trinidad moving to Canada when she was very young. She graduated from McMaster's Kinesiology Honours Program in 2013.

Danielle plays a variety of sports, primarily basketball. She also plays instruments, primarily acoustic guitar and electric bass.

The award will enable Danielle to travel to and from her co-op placement in Oshawa.

Best of luck for your future endeavours, Danielle!



## On a Personal Note Pat Dowling



*Olga Gil: We are all thinking about you and wishing you a speedy recovery. We look forward to seeing you very soon!*

*Lynne Kelly: Many of us expressed our wishes of good health to you Lynne at our recent meeting. So nice to see you. Wishing the very best and hope to see you again soon.*

*Paddy Silverthorne: Paddy recently attended a "Downton Abbey" Tea Event. My we look grand, looking the part and certainly having a great time! Very sweet, Paddy!*



## Programs Linda Barker

### June Social

**Tuesday, June 16, 5:30 pm - 9:00 pm**

**Terra Cotta Inn, Caledon**

**Dinner: \$40.00 per person, Cash Bar Available**

Hopefully the weather will be good and we can spend some time outside relaxing before dinner. Choices for dinner menu are available. Members and Guests can decide on their meal choice that evening. More details will be provided closer to the date.

If you have any dietary requirements, please advise Linda Barker so arrangements can be made.

Please review the Dates to Remember list of details on Page 6 of the Club Focus to mark your calendars for upcoming events and meetings.

## BPW International Snigdha Malik



BPW International President Yasmin Darwich with Dr. Sam Shee, Host for Reception & Dinner Event in Honour of International BPW and Rotary Presidents



It is with great pleasure that I inform you of the new collaboration between BPW international and Rotary International. We are excited that both organizations will soon be engaged in worldwide projects of common interest. The agreement was launched Oct 1st 2014 while we attended an invitation from Dr. Sam Shee and his wife Isabel in Chicago, Illinois.

Sam and Isabel held a reception honoring both International presidents which was attended by some 80 guests including the Hon. Sheila Simon, Lt. Governor of the State of Illinois, the Hon. Nancy Rotering, Mayor of Hyland Park, Chevalier Patrick Rea, International Grand Commander – Knights Templar International, Dr. Gloria Groom, Curator of the Art Institute of Chicago, and several other government and civic VIPs.

Representing BPW International were Past International Presidents Yvette Swan, Tuulikki Juusela and Liz Benham, executive members Amany Asfour, Susan Jones, Bessie Hironimus, Marta Solimano, and members Luisa Monini, Francesca Burack, Kathleen Ray, Mary Lou Lowry, Barbara Yong, and my daughter Yasmin El Sayah. Rotary International representatives, in addition to their International President Gary Huang and his wife Corinna from Taiwan, were President-Elect KR "Ravi" Ravindran and his wife, from Colombo, Sri Lanka and several members and guests.

The reception included a tour of the Shee Museum and grounds displaying the many sculptures, one of which was dedicated to BPW and Rotary with the logo and inscription of both organizations. Also in display was a framed announcement of the event with both presidents' names and the logo of the organizations. The evening event included a short presentation by both international presidents, gift exchanges and presentation of Rotary banners by our members to President Huang from their different clubs in Finland, Australia and the USA. During the gift exchange I had the pleasure of presenting President Gary Huang and our host Sam Shee each with a metal sculpture. The sculpture for President Huang depicted the emblem of Rotary International and the one for Sam Shee was an owl. The most significant gift was given to Mr. Huang when I presented him with an etching art piece donated for this event by renown Mexican artist Roman Eguía. The painting showed two open hands extended, symbolizing the meeting of both organizations, and main objective of both Rotary and BPW: always giving ourselves to the service of others.

The BPW Candle Lighting Ceremony concluded the program. Sam and Isabel Shee and Gary and Corinna Huang were named honorary members of BPW International.

As you may know, Rotary International was founded in 1905 and has 1.22 million members in 34,282 clubs and their purpose is to bring together business and professional leaders in order to provide humanitarian services, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. We are very excited to have the opportunity to work with such a group as this opens a new stage for BPW International.

I want to express my appreciation to the BPW members that took the time and effort to travel to Chicago to attend this event. Your presence was greatly appreciated. Each of you contributed to the success of the evening. Special thanks go to Past International President Liz Benham for coordinating the travel and lodging arrangements for our BPW members who joined us. Sam and Isabel graciously invited our BPW representatives next day to a guided tour of the city as well as a river and lake boat tour. Their hospitality was impressive and we are thankful for their initiative to have both organizations working together.

## Community Partner Update Barb Hore

### March Meeting Speakers

- **Interactive Panel Discussion with CCAC**
- **Liz Cunningham from Blue Willow Consulting for Seniors on Transitioning**
- **Wesley Jackson, Lawyer on Living Wills, Power of Attorney**

## Central West Community Care Access Centre

On behalf of Cathy, thanks very much for the speaker invitation and the opportunity to connect with BPW members.

Cathy mentioned that your group was quite interested in two of the tools we have available here at the CCAC, namely the 310-CCAC phone number and [www.centralwesthealthline.ca](http://www.centralwesthealthline.ca), a comprehensive database of resources available in our community. I have included a very brief overview of both in case it may be of use!

1. [www.centralwesthealthline.ca](http://www.centralwesthealthline.ca) is a comprehensive website that brings up-to-date information about health services to the fingertips of residents and care providers across the Central West region. Users can choose to receive local information first, or search the entire Central West region. A companion site, [www.thehealthline.ca](http://www.thehealthline.ca), is also available for people seeking information about services and supports available in other regions of Ontario. In addition to service listings, both sites also include health events, news, careers and library sections.

2. 310-CCAC (2222) is a free telephone service provided by Community Care Access Centres (CCACs) across Ontario. It provides comprehensive, up-to-date information about and access to home and community-based health care supports, resources and services. No area code is required and the call is free; live operators are available to answer questions from 8:00 am to 8:00 pm, seven days a week, 365 days a year.

Laura Glynn, Hons. B.A., M.A., Manager of Communications  
Central West Community Care Access Centre  
199 County Court Blvd., Brampton, ON L6W 4P3  
[laura.glynn@cw.ccac-ont.ca](mailto:laura.glynn@cw.ccac-ont.ca)  
905-796-0040, ext. 2268 - 1-888-733-1177 - Cell: 416-562-3065

### Connect with Us on the Web!

Visit our website: [www.healthcareathome.ca/centralwest](http://www.healthcareathome.ca/centralwest)

Get the health care resources you need:

[www.centralwesthealthline.ca](http://www.centralwesthealthline.ca)

Read our CEO's Blog: <http://cwccac.com>

Follow us on Twitter: @CWCCAC

Watch us on YouTube: <https://www.youtube.com/CWCCAC>

## Humane Society

The Human Society is always in need of old towels, bed sheets, blankets, etc. used for the comfort of cats and dogs in their care. Please drop off donations of these items to the following Brampton location:

475 Chrysler Drive, Brampton, ON L6S 6G3  
(Williams Pkwy East & Chrysler Drive)  
**(905) 458-5800**



**BPW Brampton**  
10 George Street North  
Suite 154  
Brampton, ON  
L6X 1R2

### Phone

Karen Armstrong  
(905) 456-5184

### Email

bpw\_brampton@hotmail.com

### Website

www.bpwbrampton.com

**Women Working for Women.**



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## BPW Brampton THANKS

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For more information on  
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## Your 2014-2015 Executive

President **Pat Dowling**  
Immediate Past President **Barb Hore**  
First Vice President **Cynthia Warner**  
Second Vice President **Janet Brousseau**  
Treasurer **Wendy Humphreys**  
Recording Secretary **Angela McKinnon**  
Corresponding Secretary **Indira Persaud**  
Membership **Karen Armstrong**  
Programs **Linda Barker**  
Publicity & Public Relations **Sheila Walker**  
Special Events **Barb Hore**  
Resolutions **Olga Gil/Camilla Bignell**  
Fellowship & Historian **Paddy Silverthorne**  
Club Focus Designer/Publisher **Sheila Walker**  
Dinner Convenor **Heidi Bryans**  
Young BPW **Open**



## 2015 Dates to Remember

**APRIL 21**

**Camilla Bignell, Resolutions  
Discussions and Voting**

**MAY 19**

**Annual General Meeting  
& Elections**

**MAY 22-24**

**Provincial Conference  
Nottawasaga Inn, Alliston, Ontario**

**JUNE 11**

**20th Annual Charity Golf  
Tournament, Caledon Country Club**

**JUNE 16**

**BPW Social, Terra Cotta Inn,  
175 King Street, Caledon**

**JULY 14**

**2015-2016 Programs Planning  
Meeting Hosted by Pat Dowling as  
Immediate Past President**

**OCTOBER 23**

**17th Progressive Charity Euchre  
Event, Glasgow Rangers Supporters  
Club Bramalea (AKA The Scottish  
Centre), 185 Advance Blvd., Unit 2,  
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# BPW Brampton Club Focus



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