



Club Focus

WINTER 2014



Pat Dowling
President
BPW Brampton

Newsletter Highlights

- President's Message
- Euchre & Golf Events
- BPW International
- Resolutions
- Membership Corner
- New Member Interview
- Programs
- Long Term Member Interview
- 2013-2014 Executive
- Dates to Remember
- BPW Members Business Card Directory



President's Message Pat Dowling

Happy New Year! I wish you and yours all the very best for a happy, healthy and prosperous 2014!

We had our annual Christmas Social on December 10, 2013 and it was a fun-filled evening. Ste. Louise Food Bank received tremendous support from our donations once again and the 'Gift Stealing' event was a roaring success! **Thank you Heidi Bryans for being our 'Elf' again – great job!**

Olga Gil will be presenting our Club's Resolutions in January so that they can be voted on to help us make changes for women on all levels of Government – Municipal, Provincial, National and International. **Thank you to Olga and her committee for all of their hard work.**

We had another successful Euchre event on Friday, November 1, 2013 and with the support of Scotiabank's 'Bright Future Program', we raised \$2,750.00 for Ste. Louise Outreach Centre of Peel & Food Bank.

Please join us for our next social event, the **14th Progressive Charity Euchre Night on Friday, March 7, 2014 at The Brampton Irish Centre.** Open to guys and gals, it will be another great night out!

Our amazing Programs schedule continues with February as International Night with the Candle Lighting Ceremony celebrated by all BPW Clubs around the world. We will have Canadian Women for Women Afghanistan receiving our International Donation and selling their wares to support Afghan women in business. Our very own member, Dittie Voegele, will be speaking to us about her recent experience in Africa. In March, we have Martha Hall Findlay discussing how she got involved in Politics; in April Olga Gil will be presenting Resolutions which is the backbone of BPW for our membership to vote on for the upcoming Provincial Conference & National Convention; May is our Annual General Meeting and Elections, and June brings us to our June Social, a wonderful night to round off our year before summer is here!

Thank you to all of our members for making our Brampton Club such a vibrant organization. We have 51 members to date and we are still growing. Thank you for spreading the word of BPW Brampton – for bringing your friends to meetings and for increasing our presence in the community. To an outstanding group of ladies – you are the best!



Events 2014 Pat Dowling



EUCHRE

We just held our 13th Progressive Charity Euchre Event on Friday, November 01, 2013. It was held at The Irish Centre and it was a huge success. We had 80 players, Joker Poker, raffle prizes, good food and lots of fun. We are very pleased to announce that we raised \$1,750.00 plus a donation from Scotiabank's 'Bright Future Program' of \$1,000.00 for a total of \$2,750.00 that evening.

The recipient of this event was the Ste. Louise Outreach Centre of Peel and Food Bank. Thank you to all of our members that donated food, gifts and their time to help with this event.

Our next Progressive Euchre Night is **Friday, March 7, 2014** and ticket sales will begin in January. We need prizes so please bring your re-gifts and donations to our next meeting.

*Purchase Tickets from Linda Barker
by contacting her at LBarker@talentcor.com.
Tickets are \$20.00 each (with no refunds available).*

Doors open at 6:30 p.m. We start to play promptly at 7:30 p.m.

GOLF



We have booked our **19th Annual Charity Golf Tournament for Thursday, June 12, 2014**. It will be held

once again at the Caledon Golf Club and registration forms will be available in the Spring. We have room for 144 lady golfers – spread the word and help us have a sold out fun filled day! We are also looking for hole sponsors for our event – at a cost of \$100.00 – it is great way to advertise your company and to support our community partners. Mark your calendars and see you on the greens!

*Your Donations
are Appreciated...*



BPW International Sheila Walker



June 2013 Commonwealth Women's Affairs Ministers Meeting with Keynote Speaker Freda Miriklis, President of the International Federation of Business and Professional Women

Women are the next emerging growth market with strong resolve on women's leadership concludes the Commonwealth women's affairs ministers at the 3-day 10th triennial meeting in Dhaka, Bangladesh, with a call for the Commonwealth to explore innovative, inclusive and accessible financing to support women entrepreneurs. This reflected the meeting's theme: 'Women's leadership for enterprise'. Also called for strengthened systems to increase the representation of women in political decision-making at all levels, including through affirmative policies and electoral reform.

Ministers discussed the Commonwealth contribution to new targets that will replace the Millennium Development Goals agreeing on collective Commonwealth support for a twin-track approach to gender equality: a stand-alone goal to ensure that gender equality is an objective in its own right, and that it is incorporated into all other goals – referred to technically as 'mainstreaming.' The United Nations Secretary General's High-Level Panel on the post-2015 development agenda has proposed this approach.

Ministers found that violence against women remained a 'critical' issue across the Commonwealth and should be a priority in the new goals. They called for urgent measures to address this issue and make violence against women and children a crime, as well as for the wide ranging implementation of laws and strengthened jurisprudence of equality.

The meeting also drew attention to the impact of climate change and natural disasters on the economic empowerment and livelihoods of women.

Commonwealth Heads of Government will be presented with the Communiqué when they meet in Sri Lanka in November.

In her keynote address on Tuesday, Freda Miriklis, said that the Commonwealth with its one billion women stood at a crossroads. "We must recognise women for what they are – a vital source of growth that can power economies," she stressed.

"Women are the next emerging growth market that governments and companies can no longer ignore," Ms Miriklis told ministers. She pointed out that there were 200 million women entrepreneurs around the world earning \$10 trillion a year - earnings that would likely rise by \$5 trillion over the next few years.

Ms Miriklis said the creativity of this huge demographic accounted for by women could provide the world with an unprecedented resource for driving economic growth and improving the quality of life over the next decade. "Reaping this demographic dividend will not be easy and it may require significant social and legal change," she concluded.

Resolutions Olga Gil

This year Brampton is coming up dry where Resolutions are concerned. Indira Persaud, Jean Edwards, Pat Tiveron and I have discussed a couple of issues: supplies for diabetics; frequency of Pap tests but have not come up with anything that will pass muster.

I will, however, be presenting a proposed change to BPW Canada By-laws: making the post of Secretary an appointment instead of an elected position. My thanks to all.



Membership Corner Karen Armstrong



O happy New Year
BPW Brampton
Members!
BPW Brampton is off to a
great start for 2014.

Please welcome our two
newest members:

Lynne Kelly

Pat Bonello

Please take a moment to introduce
yourself to each of them. Both Lynne
and Pat are great additions to our Club.

New Member Interview

Karen Armstrong

Tammy Elliott

*T*ammy Elliott
brings to her
role as a

**Networking Coach and
Speaker over 20 years of
experience in leadership positions including
sales, business development, facilitation and
management. Prior to starting her own business,
she celebrated her 18th year at Bell Canada. As
a Proposal Manager, she worked with the
Account Executives teaching them how to
connect with the decision makers to produce a
winning tender. Now, she teaches the importance
of building close connections and a supportive
network to business women. Using her own
guiding principles, Tammy facilitates a monthly
networking event that consistently attracts a
large audience of female leaders.**

**As a mother of two daughters, Tammy is very
passionate about the prevention of violence
against women. She truly believes that the
answer to better policies and treatment of
women is an equal balance of female and male
leaders running our countries and companies.
She is excited to be working with Diversity
Champions and Women's Groups inside large
organizations, supporting women to fully
embrace leadership roles.**



Once again thank you for
bringing guests out
to our monthly meetings.
I hope that your guests
have enjoyed visiting our
Club. If they are
interested in joining please
do not hesitate to forward
them my contact information.
All the best for 2014!



Programs Camilla Bignell

**Please review the Dates to Remember
for details on Page 4 of the Club Focus
to mark your calendars for
upcoming events and meetings.**

Long Term Member Interview

Karen Armstrong

Olga Gil

*O*lga is a self-
employed
researcher/
information specialist.
In past lives she was a
librarian, an insurance
salesperson and a
bureaucrat. Today, she
teaches people how to
use the Internet and



electronic databases; does competitive research
and market segmentation, tracks legislation, and
generally finds data and information other
people cannot.

Olga is a Past President of Toronto BPW, as well
as, a former member of the Edmonton BPW. She
is a member of the Association of Independent
Consultants, the Toronto Film Society, the
Bootmakers, The Society of Insurance Research,
Women's Intercultural Network, the Toronto Board
of Trade and the North York Chamber of
Commerce.

In her spare time she enjoys travel, reading,
controlling the remote control and oenology
(some have said she's a wino!).

And she almost forgot: she's married to Peter
and has a step-daughter who has two children.

BPW Brampton Club Focus

BPW Brampton
10 George Street North
Suite 154
Brampton, ON
L6X 1R2

Phone
Karen Armstrong
(905) 456-5184

Email
bpw_brampton@hotmail.com

Website
www.bpwbrampton.com

Women Working for Women.



BPW Brampton THANKS

BRAMPTON BUSINESS EXECUTIVE SUITES
for their ongoing support of
accepting our Club's mail.
For more information on
what services they provide,
please contact them at:
Phone: (905) 454-7902
info@bbes.ca
<http://www.bbes.ca>



Your 2013-2014 Executive

President Pat Dowling
Immediate Past President Barb Hore
First Vice President Camilla Bignell
Second Vice President Cynthia Warner
Treasurer Wendy Humphreys
Recording Secretary Jo-Anne Watson
Corresponding Secretary Indira Persaud
Young BPW & Dinner Convenor Kimberley Cornish
Membership Karen Armstrong
Programs Camilla Bignell
Publicity & Public Relations Linda Barker
Special Events Barb Hore
Resolutions Olga Gil
Fellowship & Historian Paddy Silverthorne
Club Focus Design Publisher Sheila Walker



2014 Dates to Remember

JANUARY 21
Pattie Lovett-Reid,
Get Real: Follow Your Own
Authenticity Track!

FEBRUARY 18
Diffie Voegelé,
Volunteering Abroad, It's a
Mystery Until You Get There!

MARCH 7
14th Progressive Charity Euchre
Event, Brampton Irish Centre

MARCH 18
Martha Hall Findlay,
Volunteering or Working,
Getting Started in Politics

APRIL 15
Olga Gil, Resolutions Meeting

MAY 20
Annual General Meeting
& Elections

JUNE 6 to 8
Provincial Conference
Sudbury, Ontario

JUNE 12
19th Annual Charity Golf
Tournament, Caledon
Country Club

JUNE 17
Social, Details to be Confirmed

JULY 26 to 27
BPW National Convention
Saskatoon, Saskatchewan

BPW Brampton Club Focus



Life Wellness and Business Coach

Marlene George

Therapeutic Touch™ Practitioner, Reiki Master, CranioSacral Therapist

Teleclass Leader, Author & Motivational Speaker Offers:

Workshops | Lectures | Teleclasses

Private & Telephone Consultations ~ Healings

Phone: **905-796-0101**

E-mail: mgeorge@marlenegeorge.com Web Site: www.marlenegeorge.com

Get A Better Mortgage Inc.

905 450 5553



The Mortgage Centre
We work for you, not the lenders.

Personal Service
In Mortgage Business for 10 years
Debt Settlements/Credit Repair
Mortgages for Self Employed
Refinances
Port and Increase Existing Mortgage
No Consultation Fee



Nelia Maria Skilich
Mortgage Broker

416.550.8827 www.neliaskilich.com mortgages@neliaskilich.com



LINDA FORD

PRESIDENT

lindaford@accesscareers.com

☎ 905.866.6616

☎ 905.866.6683



Brampton Business Executive Suites
Office and Meeting Place Solutions



10 George St. N.,
Brampton, ON L6X 1R2
(905) 454-7902
Fax: (905) 454-9506
www.bbes.ca
amrit@bbes.ca

Amrit Kaur
Managing Director

Ready-to-Use Furnished Offices
Virtual Offices, Boardroom
& Meeting Room Rentals

Ste. Louise Outreach Centre of Peel

Ste. Louise

OUTREACH

32 Haggert Ave. North,
Brampton, Ontario L6X 1Y3

*We Aim to Please
at Ste. Louise*

Catherine Rivera
Board President

www.stelouisefoodbank.com Tel: (905) 454-2144
stelouisefoodbank85@hotmail.com Off Hours: (416) 704-0946

Karen Armstrong | B.A., CAIB
Business Development Advisor

karmstrong@ccvinsurance.com
t. 905.456.5184 c. 905.867.6066
f. 905.459.6128

32 Queen Street West
Brampton, ON L6X 1A1

Toll Free: 1.877.422.8467
24 Hour Claims: 1.877.422.8123



Your GoTo Marketing Services Company

Tel: 905-457-8160
Fax: 905-457-3248

95 Orenda Road
Brampton, ON L6W 1V7

brampton@minutemanpress.com
www.brampton.minutemanpress.com

Allison Lucas
Production Manager



**The Business and Professional Women's Club of
Brampton is an equality-seeking group toward the
improvement of economic, employment and
social conditions affecting women.**

Making a Difference - A Club for All Working Women.

BPW Brampton Club Focus




Keystrokes
Design & Printing

DESIGN SOLUTIONS FROM CONCEPT TO COMPLETION
GRAPHICS • PRINTING • PROMOTIONAL PRODUCTS

Sheila L. Walker
905.840.3278

4 Oldham Crescent, Brampton, Ontario L6Z 1W3
sheila@keystrokesdesign.ca • www.keystrokesdesign.ca

You're richer than you think!



Cynthia Warner, FMA
BRANCH MANAGER
Mississauga Rd. & Williams Pkwy.
905-456-7999 x 4000
cynthia.warner@scotiabank.com



Mortgage Architects™
Brokerage #10287

Pat Dowling, AMP
Agent #M108003138
Mortgage Planner
pat.dowling@mtgarc.ca

- Zero Down Payment
- First Time Home Buyers
- Business For Self
- Lines of Credit
- Debt Consolidation
- Private Funds Available

Carol Kollar, AMP
Agent #M108003625
Mortgage Broker
carol.kollar@mtgarc.ca

YOUR MORTGAGE LADIES
905-789-8198
www.mortgageladies.com



95 Orenda Road, Brampton ON L6W 1V7

Corporate Minuteman Press Ads

Some **ADVANTAGES** of Minuteman Xpress Ads:

- All Brampton Businesses (approx. 8000)
- Corporate Xpress Ad will stand out by **Going Direct** into business's mailboxes.
- **Exclusivity** by type of business.

CONTACT US TO FIND OUT MORE!!!




Marley Batenchuk
FUNDRAISING COORDINATOR

Wellspring Chinguacousy
5 Inspiration Way
Brampton, ON L6R 0L7
T: 905.792.6480 x231
F: 905.792.1525
marley@wellspring.ca

A Lifeline to Cancer Support

www.wellspringching.ca

Brampton's BEST Business to Business Value Flyer!

less than 4.5¢ a piece!

Booklets / Catalogues	Work Orders / Invoices	Newsletters
Calendars	Signs / Banners	Posters
Direct Mail Marketing	Note Pads	Work Orders / Invoices
Labels / Stickers	Magnets	Self-Inking Stamps
Letterheads	Presentation Folders	Graphic Design
Envelopes	Postcards	Brochures
Business cards		Business Forms
Apparel		Promotional Products

Find us on  Facebook

Tel: 905.457.8160
brampton@minutemanpress.com
www.brampton.minutemanpress.com



The Business and Professional Women's Club of Brampton

Club Focus

WINTER 2014