



Club Focus

WINTER 2015



Pat Dowling
President
BPW Brampton

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President's Message Pat Dowling

*H*appy New Year! I wish you and yours all the very best for a happy, healthy and prosperous 2015.

We had our annual Christmas Social on December 9, 2014 and it was a fun-filled evening. Ste. Louise Food Bank received tremendous support from our donations once again and Honey Church received many wonderful blankets donated by our members. Our 'Gift Stealing' event was a roaring success! Thank you Heidi Bryans for being our 'Elf' once again – great job!

We had another successful euchre event on Friday November 7, 2014 and with the support of Scotiabank's 'Bright Future Program', we raised \$4,000.00 for Ste. Louise Outreach Centre of Peel & Food Bank.

Please join us for our next social event, **the 16th Progressive Charity Euchre Night on Friday March 6, 2015** at our new location: **Glasgow Rangers Supporters Club Bramalea at 185 Advance Blvd., Unit 2, Brampton.** Open to guys and gals, it will be another great night out!

Our amazing Programs schedule continues in January with Nikola Boadway, Personal Trainer, Health & Fitness and a great way to kick off the new year. In February, we have our International Night with the Candle Lighting Ceremony celebrated by all BPW Clubs around the world. We will have Canadian Women for Women Afghanistan receiving our International Donation and selling their wares to support Afghan women in business. We also have three students that had an incredible experience in Ecuador with previous member Sonja Embree. For March, we have an interactive panel discussion with CCAC, Liz Cunningham from Blue Willow Consulting for Seniors on Transitioning and Wesley Jackson, Lawyer on Living Wills and Power of Attorney. Olga Gil will present Resolutions in April, the backbone of BPW for our membership to vote on for the upcoming Provincial Conference. May is our Annual General Meeting and Elections, and in June, our June Social which is a wonderful night to round off our year before summer is once again here!

Thank you to all of our members for making our Brampton Club such a vibrant organization. We have 50 members to date and we are still growing. Thank you for spreading the word of BPW Brampton, for bringing your friends to meetings and for increasing our presence in the community. To an outstanding group of ladies – you are the best!



Special Events Barb Hore



GOLF

We have booked our 20th Annual Charity Golf tournament for Thursday June 11, 2015. It will be held once again at the Caledon Golf Club and

registrations forms will be available in the Spring. We have room for 144 lady golfers – spread the word and help us have a sold out fun filled day! We are also looking for hole sponsors for our event – at a cost of \$100.00 – it is great way to advertise your company and to support our community partners. Mark your calendars and see you on the greens!



We just held our 15th Charity progressive

EuChre event on Friday November 07, 2014. It was held

at the Irish Centre and it was a huge success. We had 92 players, Joker Poker, raffle prizes, good food and lots of fun. We are very pleased to announce that we raised \$2,000.00 plus a donation from Scotiabank's 'Bright Future Program' of \$2,000.00 for a total of \$4,000.00 that evening.

The recipient of this event was the Ste. Louise Outreach Centre of Peel and Food Bank. Thank you to all of our members that donated food, gifts and their time to help with this event.

Our next Progressive Euchre night is Friday March 6, 2014 at our new location Glasgow Rangers Supporters Club Bramalea – 185 Advance Blvd, Unit 2 – Brampton. Ticket sales will begin in January. We need prizes so please bring your re-gifts and donations to our next meeting.

Provincial Report Barb Hore

*D*on't forget to mark your calendar for the Provincial

Conference being hosted by the Barrie Club at the lovely Nottawasaga Inn in Alliston. It is being held May 22 to May 24, 2015. The program details are expected to be available by the end of January 2015.

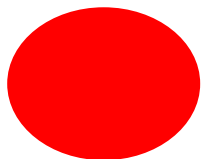


New District Director Barb Hore

*O*ur new District Director, Sebanti Chadha was inducted at her Club meeting on November 25 in Mississauga. Her term will run for two years. Sebanti is also the V.P. of Young BPW for Ontario and the Club Treasurer for the Mississauga Club.

BPW ONTARIO IS SEEKING A NEW TREASURER as the current Treasurer, Chris Wetmore has moved out of the country. If anyone is interested in taking on this position, please let me know.

Since my last Club Focus report and in my capacity as BPWO V.P., I have visited many of our Ontario Clubs and cannot help but feel such a sense of pride in our Brampton Club. We are the largest Club in Ontario and I feel strongly that it is because of the support from all of our members, a fantastic and hard-working executive committee and the assistance from our Past Presidents who continue to support and mentor us all. Congratulations to all of us and may we continue to grow and carry on the mandate of BPW.



Brampton Business Executive Suites Celebrates 10th Anniversary



Recently celebrating 10th Anniversary in the Brampton downtown core located at 10 George Street North,

Brampton, Business Executive Suites (BBES) is a provider of flexible full time, fully furnished office suites and virtual office solutions.

"We are delighted to celebrate our anniversary. The success has been tremendous with Brampton's continual growth, our centre has provided customizable office solutions for many client needs. Our goal is focused on delivering exceptional services to all our clients. There is a large demand for serviced office arrangements" said Amrit Kaur, Owner of Brampton Business Executive Suites.



The centre is approximately 7,000 square feet with 21 fully furnished premium office suites of various sizes in all 3 floors of the building. Pricing is all-inclusive including furniture, maintenance, utilities, receptionist to greet clients, mail handling and access to meeting rooms. Other services can be added to the monthly bill as needed to enhance business efficiency.

BBES enables professionals and businesses to establish and maintain a professional image without the cost and commitment of a traditional office and staff. Ten years of continued success has positioned Brampton Business Executive Suites as a leading provider of office solutions.

BBES is in close proximity to the GO Transit Train Station and the Brampton Transit Terminal where Züm Bus Rapid Transit connects passengers to other important destinations in the GTA. In addition, downtown landmarks such as the Rose Theatre, City Hall and a diverse collection of retail stores and restaurants are within walking distance.

To learn more about Brampton Business Executive Suites, contact at info@BBES.ca and visit www.BBES.ca .

BPW International Snigdha Malik



BPW: Our History and Our Founder, Dr. Lena Madesin Phillips



In 1951 the LEB.P.W. came of age and Dr. Lena Madesin Phillips, looking back to 1930, made this appraisal: "Common danger had not then, as it has now, taught the peoples of all nations the necessity of international understanding and cooperation. . ."

To be world minded, then, made one seem to be slightly odd. . . But we had enthusiasm and faith, youthful energy, and most important, a cause whose hour had struck. With such equipment, meagre to those who value only material things, sufficient for dreamers such as find castles in the clouds, we organised." Quite unconsciously, with these words, Dr. Lena Madesin Phillips had also appraised herself. She had the courage to be world-minded; she believed that women were capable of creating international understanding and cooperation; she had enthusiasm, faith and energy in such abundance that sagging spirits were rejuvenated in her presence; she knew by instinct when time was ripe for action; she was a dreamer who found castles in the clouds yet kept her feet firmly on the ground.

Admitted to the bar in 1917, the first woman to earn a law degree from the University of Kentucky, she practised first in her hometown, then in New York City in whose teeming streets she came face to face with the injustice, despair and social ills which had never touched her sheltered youth. The urge to serve her fellow man, rising from her deep Christian roots, pervaded her whole being.

Dr. Lena Madesin Phillips quickly sensed what power could be generated by a national movement to organise all women who had a business or a profession. Together they could mould public opinion, set new working standards, improve economic and industrial conditions, and lay enduring foundations for peace for the benefit of all mankind. To get such an organisation on its feet became her consuming passion. In the late 1920s, to make soundings for an International Federation, she crossed and recrossed the Atlantic finding like-minded European leaders, and inspiring them to give their all for the same cause. She did not know the meaning of the word barrier. In 1955, (having founded the International Federation of Business and Professional Women in 1930), she was on her way to the Middle East, the meeting point of three continents, to ignite more fires for the cause of women's equality, when the end suddenly overtook her. In Holland, once, she had said to women younger than herself: "You are now pioneers in the dream of peace and social justice, of international understanding and goodwill. This dream will come to pass. It matters little whether you or I live to see the day. It is only important that each of us struggle without pause towards that day." She enriched us with a legacy and pledged us to fulfill a mandate.

Community Partner Update Sheila Walker

Ste. Louise Outreach Centre of Peel

Ste. Louise Outreach Centre of Peel Food Bank is a registered charity organization serving those in need throughout the Region of Peel for 33 years. In 2014 and through Christmas, we will be assisting 2,653 Families, 5 Smaller Food Banks, 4 School Breakfast Programs and 2 Youth Groups. We serve many types of families FREE of charge: Single Mothers and Teen Moms, 2 Parent Families with little or no income, Abused Women and Children, Families leaving Shelters or suffering due to Fires, Individuals on Ontario Works, Individuals with emotional or physical disabilities. We provide Food, Beverages, Personal Products, Cleaning Products, New Toys, Baby Packages, Miscellaneous Items like Books, Pictures, Household Items, Clothes, Furniture (June - September).

Our Centre is run entirely by volunteers including business professionals, seniors, students completing 40 hours of community service, students involved in Youth Philanthropy Initiatives, college placement students and individuals who require community service for minor offences.

All financial donations go directly to the Outreach Program. All in-kind gifts go directly to the families we serve or are used for fundraising to sustain program. Our program is NOT government funded.

If anyone would like to assist, please contact:
905-454-2144.
stelouisefoodbank85@hotmail.com
stelouisefoodbank.ca



Humane Society

The Human Society is always in need of old towels, bed sheets, blankets, etc. used for the comfort of cats and dogs in their care. Please drop off donations of these items to the following Brampton location:

475 Chrysler Drive, Brampton, ON L6S 6G3
(Williams Pkwy East & Chrysler Drive)
(905) 458-5800



Membership Corner Karen Armstrong



Well arm welcome to the following new members: Dr.

Oksana Sawiak, Nailah Peters and Rhonda Paris. Rhonda will be inducted at our January meeting. It was a pleasure to learn about both Oksana and

Nailah and their interesting backgrounds. I hope each of you take the opportunity to introduce yourself and get to know them. I am amazed at how each member comes to us with a different story yet we still have underlying commonalities that bring us together.

Once again, thank you to all our members for inviting guests to our monthly dinner meetings and making our Club the great success it is!



Member's Moments to Share

Pat Dowling

Tracey Marshall: I did my first (and last) triathlon!

Angela McKinnon: Add my name to the list of new Grandmas. Logan Robert Lorne Morphet arrived on December 20 @ 12:54 pm at 6lbs 23 oz!

Manon Dulude: In 2014 honored to be invited to join the Certification Examiner Team with the International Coach Federation and with Nova Coach Training located in Belgium. This year I will pursue inspiration through positivity and creativity.

Oksana Sawiak: Writing my book, "YouWell - The Exponential Wellness Program" in 3 weekends and launching it in time for the Burlington Wholistic Wellness Expo where I was keynote speaker.

Programs Linda Barker

Please review the Dates to Remember list of details on Page 6 of the Club Focus to mark your calendars for upcoming events and meetings.

Focus on a Member:

Cynthia Warner Sheila Walker

Cynthia Warner joined BPW in the Spring of 2011. Cynthia has been happily married to Ray, her childhood sweetheart for 32 years. Cynthia and Ray have two grown sons, Gregory and Sean. Originally from Miramichi, New Brunswick, Cynthia came to the big city to seek out opportunities which would not be available to a young woman in a small mining and forestry town.



Today, Cynthia is proud to be the Branch Manager and leader of a knowledgeable and experienced team of financial experts at Scotiabank, Mississauga & Williams Parkway Branch, Brampton. Cynthia holds the Financial Management Advisor designation through the Canadian Securities Institute. With over 30 years' experience in the financial service industry and her extensive training and education, she is able to provide valuable insight, relevant advice and appropriate solutions tailored to her Clients' individual needs.

As a long time Brampton resident, she is active in our community. Cynthia is passionate about making a difference. She thoroughly enjoys giving her time and efforts to organizing and participating in local fundraising events which give those in our community who need it a helping hand.

Cynthia is the Past President and Past Treasurer of the Chinguacousy Business Women's Curling Club. Along with being an active member in the Curling Club, Cynthia enjoys time away from the hustle and bustle of the city and prefers quiet time at the cottage with her family.

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BPW Brampton THANKS

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for their ongoing support of
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what services they provide,
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(905) 454-7902
info@bbes.ca



Your 2014-2015 Executive

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Programs **Linda Barker**
Publicity & Public Relations **Sheila Walker**
Special Events **Barb Hore**
Resolutions **Olga Gil**
Fellowship & Historian **Paddy Silverthorne**
Club Focus Designer/Publisher **Sheila Walker**
Dinner Convenor **Heidi Bryans**
Young BPW **Open**



2015 Dates to Remember

JANUARY 20, 2015

*Nikola Boadway, Personal Trainer,
Health and Fitness*

*and Wesley Jackson, Lawyer on
Living Wills, Power of Attorney*

FEBRUARY 17

*International Night & Candle
Lighting Ceremony; 3 Students'
Experiences in Ecuador & Canadian
Women for Women Afghanistan
Trade Table*

APRIL 21

*Olga Gil, Resolutions Discussions
and Voting*

MAY 19

*Annual General Meeting
& Elections*

MARCH 6

*16th Progressive Charity Euchre
Event, Glasgow Rangers Supporters
Club Bramalea (AKA The Scottish
Centre), 185 Advance Blvd., Unit 2,
Brampton L6T 4H9 * 905.458.7718*

MAY 22-24

*Provincial Conference
Nottawasaga Inn, Alliston, Ontario*

JUNE 11

*20th Annual Charity Golf
Tournament, Caledon Country Club*

MARCH 17

*Interactive Panel Discussion with
CCAC, Liz Cunningham from Blue
Willow Consulting for Seniors on
Transitioning*

JUNE 16

Social, Details to be Confirmed

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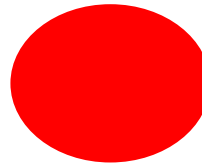
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