

The Business and Professional Women's Club of Brampton

Club Focus

WINTER 2020



Indira Persaud
President
BPW Brampton

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President's Message Indira Persaud

Refining Leadership

t is December 2019 and another Christmas Season is upon us. As another year is coming to an end, it brings us two holidays, Christmas and New Year's as we prepare to celebrate with family and friends. It is a time for gratitude, forgiveness and heartfelt words of appreciation for all the people in our lives that made the year very successful.

This year, we lost one of our BPW Sisters Pamela Moore. Pamela was a bright and vibrant person who fought her illness with grace and great tenacity for life. Our Club paid tribute to Pamela at our September General Meeting. Our Past President Janet Brousseau continues to fight her illness with such strength and she continues to have that infectious laughter and smile. Janet still dominates the colour "pink".

As I am sitting here typing and reflecting how much the world has shifted. We are now experiencing a historical Presidential Impeachment Inquiry. The sound bites, opinions, the tweets and it feels as if I am watching a bad movie. Whatever the outcome, poor leadership creates crises and division within a society. It makes quality leader's jobs even harder to create a better civil society.

This year, the loud noise continues as we see the world change right in front of us. Climate change is becoming a topic to some while to others it is a global threat to our quality of life. Also watching young people take control of their future is quite evident in many countries as the status quo is no longer acceptable. For young Greta Thunberg, her call of action on climate change is outstanding and Canadians are now more aware of the impact of Climate Change on future generations.

I am almost finishing my second year and I am very proud of our many accomplishments. We have turned around Resolutions through Education and Awareness being at the forefront. Social Media, our digital footprint, is increasing and we will be launching our UN Sustainable Goals. We have made some great strides in the Community such as our first time at Farmers Market. Our Resolutions Team has been busy seeking connections at Provincial, Regional and City levels to garner support for our upcoming Resolution.

At our September Meeting, our Speaker Julie Rorison talked about redefining leadership as she states wherever a woman lives we all share the same issues – "Equality". Followed up with this great presentation in October, Sheila Crook presented the UN Women Empowerment Principles.

November General Meeting, we heard from our Community Partners and the news was disturbing on the societal issues facing our community. Ste. Louise Food Bank is now supplying food for another additional 900 families in the community. Hope 24/7 had a budget cut of 21% and remains the lowest funded rape crisis centre in the Greater Toronto Area. Courage for Freedom (human trafficking) national campaign will launch in February 2020. Reality is that human trafficking is the second illegal business in Canada and the average age is 12-13 young girls.

We will be ending the year on December 10th at our Christmas Social backed by popular demand, the return of our Christmas Elf. Christmas Elf knows who has been naughty or nice this year. A great way to end the year with our "gift stealing" and just have fun!

In closing, I wish to thank the Executive and all our Members for their hard work and commitment in making The Business and Professional Women's Club of Brampton an outstanding organization.

See everyone in 2020!

Special Events Pat Dowling

GOLF





e have booked our 25th **Annual Charity Golf** Event for Wednesday,

June 10, 2020. It will be held once again at the Caledon Golf Club and we will have registrations available in the Spring of 2020.





We are needing raffle prizes once again so we are looking for any re-gifts or bargain shopping deals that you can donate to us. So if you get any Christmas items that you would like to re-gift – we are here with open arms! Let me know and we will arrange for pick up.

As you know, we just held our 24th Charity Progressive Euchre Event on Friday, November 15, 2019. It was held at the Scottish Centre and it was a fun night. We had 84 players, Joker Poker, raffle prizes, good food and lots of laughs.

The recipient of this event was the Ste. Louise Outreach Centre of Peel and Food Bank and we are very pleased to announce that we raised \$2,400.00 that evening. With the closing of the Salvation Army Food Bank, Ste. Louise Food Bank is estimating they will be serving an extra 900 families this year and they need our support more now than ever.

We want to thank all of our members that donated food, gifts and their time to help make this a successful event once again.

Way to go BPW Brampton!!!



BPW Programs

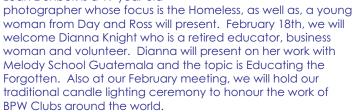
Diane Cuthbert



ello everyone! We have many exciting guests ahead for the Winter

months who are sure to inspire, educate and motivate us to continue with BPW's commitment to our Community Partners.

We will be joined by two young entrepreneurs at our January meeting. Leah Dunbok is a 19 year old



At our March 17th meeting, we will welcome Mollie Cavan, Branch Manager at Scotiabank and BPW member. She will present the Scotiabank Women Initiative - The Time Is Now which is designed to help assist women in taking their business to the next level. Also we will be celebrating BPW Brampton's Anniversary with a presentation and cake. Also, we are presenting our BPW Brampton's Paddy Silverthorne Bursary Award to this year's Sheridan College Recipient.

BPW Brampton Resolutions Lynne Taylor



he BPW Brampton Resolutions Committee has been hard at work on many different tasks, most importantly, the continuance of the drafting of a

Resolution to extend funding in support of women's issues that improve their safety and reduce gender-based violence, and to support initiatives that allow victims of

domestic violence to live in their community safely by expanding projects like the pilot "Project Guardian", a collaborative initiative by Victim Services Peel and Peel Regional Police. This Resolution, once reviewed and passed by the members of BPW Brampton, will be submitted at the end of January 2020 to be included in the Resolutions to be passed at Provincial Conference in 2020.

In the meantime, Indira Persaud, Alex Hopkins, Zainab Williams, Lynn Rudolph and I continue to seek out connections at the Provincial, Regional, and Municipal levels of government. We are working to build awareness of BPW and seek engagement by those in a position to push our Resolution(s) forward, such as MPP Marit Stiles, Education Critic for the NDP, whom Linda Rice, President of BPW Ontario and Alex Hopkins met with last month. Linda and Alex introduced MPP Stiles to BPW and sought out her support on the various Resolutions BPW Brampton is looking to have passed in the Ontario Legislative Assembly.

It's been a very busy Fall for all Resolution Committee Members, but it makes it worthwhile when we see and feel the progress being made.





BPW Member Feature Lynn Rudolph Indira Persaud



y name is Lynn Rudolph and I am so honoured to be the BPW Brampton

1st Vice President.

Brampton has been my home since we moved here from Galt, Ontario in 1965.

After retiring from practicing as a

Dental Hygienist, I was introduced to BPW Brampton by my good friend Heidi Bryans in 2009.

Through BPW, not only has my awareness of women and human rights issues in my own community and around the world grown, but also the many new and wonderful friendships I have made within the Club.

I am honoured and feel so privileged to have been elected as your incoming President for the 2020-2022 term. During this term, our BPW Brampton Club will celebrate our 75th Anniversary, and we will be hosting the 2022 Ontario

I wish to give my sincere heartfelt thanks to Indira Persaud for her ongoing mentoring, as well as, to the entire BPW Brampton Executive and all of my BPW Sisters for the continual support you are giving me as I prepare for this exciting new opportunity in my life. I am truly blessed.

BPW Member Feature Lisa McDonald Indira Persaud



isa McDonald is a Registered Psychotherapist with the College of

Registered Psychotherapists of Ontario (CRPO). She holds a Masters Degree in Clinical Psychology (M.S.) from Alabama A&M University, is a professional member in the Canadian

Counselling and Psychotherapy Association (CCPA) and a Certified Healthy Lifestyle Coach. With over 15 years of experience in behavioural health, Lisa is dedicated to providing authentic, compassionate and insightful support as she partners with her clients in achieving their goals.

She is a new member representing Hope 24/7, the Sexual Assault Centre for the Region of Peel, where she works as a Crisis Therapist and Outreach Worker and is excited about joining BPW Brampton.

Membership Corner Barb Hore

ur current membership stands at 44 Members. We continue to be the largest Ontario BPW Club by almost double our closest Club. Keep up the good work Ladies. Invite your neighbours, family and friends who you think would be interested in assisting us to fulfill our mandate.



At our November meeting, I had the pleasure of inducting three new Members. I would like to extend a warm welcome to these Ladies: Mollie Cavan, Alex Hopkins and Marilena Crupi, daughter of our Club Secretary, Elena Crupi. We are so pleased that you have decided to be part of our Sisterhood. I am confident that you will not only contribute a great deal to our Club but you will also gain much from being part of us.



Discover Downtown Brampton



he Downtown Brampton Business Improvement Area (BIA) promotes the downtown core as a vibrant shopping, dining and business district. With over 300 + businesses, the DBBIA

team coordinates a number of marketing and special events to keep the downtown area top of mind as an attractive, and exciting place to discover, shop, eat, play, work and thrive.

Brampton is one of Canada's most diverse cities and the downtown area is the heart and soul of the whole City of Brampton. From weekly performances at the Rose Theatre, year-round events, live music and a multitude of boutique retail, restaurants and professional services, downtown Brampton is a great place to spend with close friends and

The Downtown Brampton BIA is managed by 12 board of directors, three volunteer teams, and three staff. The organization is a not-for-profit association where the property owners, and commercial tenants who pay a portion of the property tax, pay a special levy that funds the organization. These funds constitute the organization's budget and allow the Board and their sub committees to execute programs and events with great volunteer support of the membership on behalf of all members in the BIA boundary.

If you would like to get more information and/or get involved with the Downtown Brampton BIA, please feel free to contact:

Suzy Godefroy, Executive Director Downtown Brampton BIA | 905-874-2935 suzy.godefroy@brampton.ca | downtownbramptonbia.ca

BPW Community Partner Feature Hope 24/7 Partnership Opportunity

Barb Hore

aura Zilney, Chief Executive Officer from Hope 24/7 sent BPW members the following:

"I'm reaching out because we have asked the Region of Peel for monies, under their collaboration funding, to address system change related to violence against women.

The project will be 1-year and include the following activities:

- Two massive anonymous third-party reporting events (One in each of Brampton and Mississauga), women/girls can report their sexual victimizations to us, and we pass it along to police
- Community agency training on VAW/sexual violence and trauma to improve overall system responses
- Elementary-aged group for Black girls to address the intersections of misogyny and race
- Lobby for improved reproductive healthcare for Peel, including free abortion and low/cost contraception
- Deliver a workshop for women on reproductive health
- Train the two hospital systems on institutional biases, intersectionality, trauma, and how to improve their patient response by asking all people a catch-all question to identify the presence of trauma symptoms

The intent is to work with non-conventional partners - people actually in the community with the desire and leverage to change things. Consequently, we are recruiting women's organizations, neighbourhood watches, safe associations, etc.

We are hoping that BPW is interested in participating. I would be happy to discuss this with you further. Looking forward to connecting."

Laura Zilney, Chief Executive Officer, Hope 24/7
10 Gillingham Drive, Suite 305, Brampton ON L6X 5A5
905 792-0821 Cell 647 237-9442 Fax 905 792-1567
www.hope247.ca

BPW Provincial Report Barb Hore

s most of our members are aware, BPW Ontario has six districts.

We welcome two new District Directors: Lin Buxton, Cambridge Club, Southwest District and Vanessa Tynedal, North Toronto Club, Greater Toronto Area District

Nancy Broerse continues as our District Director, Golden Horseshoe District. There will be a Membership Survey

coming out from the Provincial Board investigating the skills that our members have and the topics that interest them.



Please respond to the survey. It won't take long to complete but will help us know where our focus should be.

Anne Harvey, our Emblems Chair is always looking for suggestions for emblems. If you have any suggestions, please forward them to me and I will pass them along.

AN UPDATE ON PROVINCIAL CONFERENCE 2020 IN LONDON - May 29, 30 & 31

This will be held at the Ivey Spencer Leadership Centre in London. It is a state of the art Conference Centre with accommodations. Please look at the BPW Ontario website under Provincial Conference as there are a number of pictures of the facility.

- * There will be a "nourishment hub" available for all attendees all weekend
- * Registration/Reception area includes a printer in the conference package price.
- * Excellent swivel seating and electrical outlets for all attendees.
- * Boardroom is available all weekend (seats 15 20) complete with screen and wi-fi.
- * Poplar Room is available all weekend with cash bar, pool table and exit to outdoors.
- * Willow Room is available, a quiet space with fireplace.
- * Meals are in a separate room from the conference room.

 More information will be passed along as soon as it is available.

The 2021 Conference will be hosted by the BPW Barrie Club at the Nottawasaga Inn. The 2020 Conference will be hosted by BPW Brampton.

That's all for now.

International World Food Day Friday, October 16, 2020 Indira Persaud



orld Food Day is a day of action dedicated to tackling global hunger.

One of the most celebrated days in the

United Nations calendar. It's an annual celebration in the honour of the Food and Agriculture Organization launched by the United Nations in 1945. It is one of the UN Sustainable Development Goals - # Zero Hunger. Zero Hunger is based on three dimensions: Economic, Social and Environmental. Zero Hunger aims to end

hunger, achieve food security and improved nutrition and promote sustainable agriculture.

Some of our BPW Ladies have been volunteering with Ste. Louise Food Bank to understand food insecurity and the valuable services of Ste Louise. To continue this effort with our local Food Bank, BPW Brampton would like to have a World Food Day on Friday, October 16, 2020 and challenging all Ontario Clubs to volunteer with their local Food Bank to raise awareness about food insecurity and hunger.

Asking all Clubs to mobilize on Friday, October 16, 2020 to raise the national awareness on hunger!



BPW Brampton



Christmas Social A: Photo Gallery



























BPW Brampton

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Email

info@bpwbrampton.com

Website

www.bpwbrampton.com

Social Media

- BPWBrampton
- BPW Brampton

Women Working for Women

Dinner Location:

Vesuvio's Ristorante 91 George Street South Brampton, ON L6T 1P4 905-459-0511

BPW Brampton THANKS

BRAMPTON BUSINESS EXECUTIVE SUITES for their ongoing support of accepting our Club's mail. For more information on what services they provide, please contact them at:

> (905) 454-7902 info@bbes.ca www.bbes.ca



BPW BRAMPTON EXECUTIVE 2019-2020

President Indira Persaud

Immediate Past President Janet Brousseau Interim Past President Pat Dowling First Vice President Lynn Rudolph Second Vice President Alexandra Hopkins Treasurer Pat Dowling Recording Secretary Elena Crupi Corresponding Secretary Lucy Oliveira

Membership Chair Barb Hore Programs Chair Diane Cuthbert

Publicity & Public Relations Sheila Walker

Young BPW Zainab Williams Social Media Zainab Williams Events Chair Pat Dowling Resolutions Chair Lynne Taylor Archivist Pat Dowling

Dinner Convenor Lynn Rudolph Club Focus Creative Director Sheila Walker

Website Donna Sauve

Ontario Vice President of Membership Barb Hore

2019-2020 Dates to Remember

SEPTEMBER 17, 2019

Speaker: Julie Rorison, Chief of Staff, Office of the Mayor, Young Dynamic Feminist Topic: Politics and the Young Feminist and Creating a Generation of New Leaders.

OCTOBER 15, 2019

Speakers: Sheila Crook and Doris Hall, BPW Ontario, Women's Empowerment Chair and **BPW Canada Women's Empowerment** Implementation Coaches.

Topic: Women Empowerment Principles to Accomplish the Impossible.

NOVEMBER 15. 2019

24th Progressive Charity Euchre Event, The Scottish Centre (AKA Glasgow Rangers Supporters Club Bramalea), 185 Advance Blvd., Unit 2, Brampton L6T 4H9 905.458.7718

NOVEMBER 19, 2019

Speakers-Topics: Community Partners including:

Hope 24/7 – Lisa McDonald Honeychurch – Wendy Butler Victim Services of Peel – Dragana Sabani & Danielle Pacos Wellspring Chinguacousy – Jenna Courage Ste. Louise Food Bank – Catherine Rivera Farmtown Canada – Heather Ellis

DECEMBER 10, 2019

(2nd Tuesday of December) Topic: Christmas Social with Secret Santa Gift Exchange; Food Donations; Personal Care Items Donations, Blankets.

JANUARY 21, 2020

Speakers: Entrepreneurs Night!

Topics: Honouring Women who are Young Entrepreneurs namely Katie Lee, Day & Ross and Leah de Bok, Photographer and Author.

FEBRUARY 18, 2020

Speaker: Dianna Knight, Educator, Businesswoman and Volunteer, Melody School, Guatemala. Topic: Educating the Forgotten Children.

International Theme Honouring all the BPW Clubs Throughout the World! Celebrating BPW International Night with

our Traditional Candle Lighting Ceremony Canadian Women for Women Afghanistan, Liz Watson for BPW Donation Presentation

MARCH 6, 2020

25th Progressive Charity Euchre Event, The Scottish Centre (AKA Glasgow Rangers Supporters Club Bramalea), 185 Advance Blvd., Unit 2, Brampton L6T 4H9 905.458.7718

MARCH 17, 2020 Speaker: Mollie Cavan (BPW Member), **Branch Manager Scotiabank** <u>Topic</u>: To Take Their Business to the Next Level through the Assistance of Scotiabank Women

Initiative - The Time is Now. Celebrating BPW Brampton Anniversary with **Presentation and Cake**

Celebrating Sheridan College Student with Presentation of BPW Brampton Paddy **Silverthorne Bursary Award**

APRIL 21, 2020

Topic: Resolutions Meeting with Presentation by Lynne Taylor. Make an impact for the Issues Facing Today's Women All Members Welcome to Join Us!

MAY 19, 2020

Topic: Annual General Meeting & Elections.
Come Out and Support Your Club and Be a Part in Its Direction, Consider Being on the Executive!

JUNE 10, 2020

BPW Brampton's 25th Anniversary Annual Charity Golf Tournament Caledon Golf Club, More Details to Follow

JUNE 16, 2020

Our Famous June Social at The Terra Cotta Inn, Caledon! Invite a Guest or Two!

JULY 14, 2020

Programs Meeting for 2020-2021 Your suggestions for Speakers for Next Season are Welcome. Please contact Programs Chair to add your voice.

BPW Canada Convention, Saskatoon Details to Follow

MAY 2020: BPW 75th Provincial Conference Details to follow.

OCTOBER: Women's History Month

MARCH 8: International Women's Day



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The Business and Professional Women's Club of Brampton is an equality-seeking group toward the improvement of economic, employment and social conditions affecting women.

Making a Difference - A Club for All Working Women.



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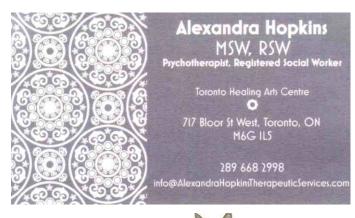


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Humane Society



he Human Society is always in need of old towels, bed sheets, blankets, etc. used for the comfort of cats and dogs in their care. Please drop off donations of these items to the following Brampton location:

> 475 Chrysler Drive, Brampton, ON L6\$ 6G3 (Williams Rkwy East & Chrysler Drive)

(905) 458-5800



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Ste. Louise Outreach Centre of Peel

32 Haggert Ave. North, Brampton, Ontario L6X 1Y3

We Aim to Please

at Ste. Louise

www.stelouisefoodbank.com stelouisefoodbank85@hotmail.ca Catherine Rivera **Board President**

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